

**For West Los Angeles:**

<b>Agency Name</b>	<b>Services Provided</b>	<b>Agency Phone</b>
Airport Marina Counseling Center	psychotherapy; psychiatry	310-670-1410
Antioch University Counseling Center	psychotherapy	310-574-2813
Didi Hirsch	psychotherapy	310-390-6612
GSEP West Los Angeles Community Counseling Center	psychotherapy; sliding scale	310-568-5600
Maple Counseling Center	psychotherapy; psychiatry; sliding scale	310-271-9999
Ness Counseling Center	psychotherapy; DV group; parenting grp; anger management	310-360-8512
Southern California Counseling Center	psychotherapy; DV (TAPP) group; psychiatry	323-937-1344
The Relational Center	psychotherapy; support groups	323-935-1807
Venice Family Clinic	short term psychotherapy (12 weeks); group; psychiatric services	310-664-7500
Women's Clinic & Family Counseling Center	psychotherapy	310 479-7100 ext. 103
Wright Institute	psychotherapy	424-371-5191
Saturday Center	psychotherapy	310-829-7997
West Valley Counseling Center	psychotherapy	818-758-9450
Psychology Praxis (Los Angeles – West Side)	affordable psychotherapy, couples, groups, psychological assessment, Spanish, Farsi, Tagalog, Finnish, German, Danish	310-620-3106

## For Irvine:

### **Pepperdine University Counseling Center, Irvine**

Lake Shore Towers III; 18111 Von Karman Ave, Irvine, CA 92612

(949) 223-2570

- Offers therapy services for individuals, couples, and families
- Operates on a sliding scale fee based on financial need
- Is a training site with therapists under the supervision of clinical supervisors
- Appointments subject to the availability of clinical staff starting their practicum year

### **Hope International Counseling Center**

2400 Katella Ave, Suite 900, Anaheim, CA 92806

(714) 879-3901 ext.

1266

- Offers counseling services on sliding scale fee based on income and financial need
- Provides services for individuals and families for a variety of clinical issues including depression, stress, adjustment issues, anxiety, anger management, and many more
- Is a training site for therapy professionals working under the supervision of clinical supervisors
- Appointments subject to availability of clinical staff starting their practicum year

### **Orange County Asian and Pacific Islander Community Alliance (OCAPICA)**

(714) 636-9095

12900 Garden Grove Blvd, Suite 214A, Garden Grove, CA 92843

[www.ocapica.org](http://www.ocapica.org)

- Offers free of cost, short term therapy (12 sessions) for people who are living in North and South Orange County; educational and life skills workshops, support groups, referrals and linkages to resources, case management services, as well as group counseling
- A client can meet at OCAPICA or meet at a public space near the client's home
- Services open to all ethnicities

### **Frances Smith Center for Individual & Family Therapy (Chapman University Community Clinic)**

501 W. Palm Ave, Orange, CA 92868

(714) 997-6746

- Provides individual, couple, family, and child therapy
- Operates on a sliding scale fee (\$15-\$60) based on income, accepting cash/check only due at start of session
- Is a training site with therapists working under the supervision of clinical supervisors
- Appointments subject to availability of clinical staff starting their practicum year

### **Living Success Center**

445 E. 17th Street, Suites D-E

23181 La Cadena Drive, Suite 104

(949) 645-4723

Costa Mesa, CA 92627

Laguna Hills, CA 92653

- Training site for graduate students and offers individual, couples, child, family, and group therapy (such as, Women's Group, Parenting Skills, Coping with Crisis, and Sexual Abuse Survivor's Group)
- Operates on sliding scale fee based on income and number of dependents

### **California Family Institute**

2900 Bristol St, Suite C-208, Costa Mesa, CA 92626

[chrishoffmft@gmail.com](mailto:chrishoffmft@gmail.com)

(949) 381-1510

- Staff includes Clinical Faculty, and Doctoral and Masters level students under the direct supervision of the clinical supervision team
- Offer individual, couple, and family counseling
- Open daily and offer a sliding scale fee from \$40-\$90, according to annual income and number of dependents

### **Biola Counseling Center**

12625 La Mirada Blvd, Suite 202, La Mirada CA 90638-2213

(562) 903-4800

Hours: **September–May:** Mon–Thurs; 9am–9pm; Fri: 9am–5pm / **June–August:** Mon–Thurs; 9am–9pm; Fri: 8am–12pm

- Provides services for individuals, couples, families, and children; as well as psychological testing and evaluations
- Operates on a sliding scale fee based on income

**Norooz Clinic** (pairing with therapist can take 2-3 weeks)

1901 Newport Blvd, Suite 350 19200 Von Karman Ave, Suite 629

(949) 242-9720

Costa Mesa, CA 92627

Irvine, CA

92612

[info@noroozclinic.com](mailto:info@noroozclinic.com)

- Offer Personality and Psychological testing: including intelligence testing, personality assessments, neuropsychological testing, Psycho-educational Evaluations, Assessments for Teens, and diagnostic testing; PTSD Treatment for Veterans; Adult and Adolescent Therapy services, including couples counseling
- Operates on sliding scale fee

**Straight Talk**

5712 Camp Street, Cypress, CA

(714) 828-2000

- Offers affordable counseling for families, couples, individuals, groups; psychological testing; substance abuse recovery and prevention programs
- Operates on a sliding scale fee

**Connecting Bridges Together**

23361 El Toro Road, Suite 215, Lake Forest, CA 92630

949) 565-0240

- A non-profit organization “dedicated to helping children, teenagers, individuals, and families to build and preserve health relationships.”
- Provides individual, child, group, couple, and family counseling, as well as School Site Behavioral Interventions and other workshops and programs to help the community

**Olive Crest Orange County**

(714) 543-5437

- Provides services for children, youth, and families including child and adolescent individual therapy, family therapy, play therapy, crisis intervention, case management services, and psychiatric treatment
- Offers wraparound services and will meet with child and family in their home or public place

**Child Guidance Center**

Santa Ana CGC

525 Cabrillo Pk. Drive, Suite 300, Santa Ana, CA 92701

(714) 953-4455

Buena Park CGC

6301 Beach Blvd, Suite 245, Buena Park, CA 90621

(714) 736-0231

Fullerton CGC

680 Langsdorf Drive, Suite 200, Fullerton, CA 92831

(714) 871-9264

San Clemente CGC

3551 Camino Mira Costa, Suite T, San Clemente, CA 92672

(949) 272-4444

- Provides services for children, adolescents, and families who are in the Orange County Area. They offer services for children such as group therapy, individual and family therapy, play therapy, positive parenting training, school and medical professional consultation, and social skills therapy groups.

**OMID Institute**

2101 Business Center Dr, Suite 150, Irvine, CA 92612-1022

(949) 502-4721

- Offers a variety of Assessment and Evaluation Services (such as Early Developmental Evaluations for children 0 to 5, Psycho-educational Evaluations, Giftedness, Neuropsychological Evaluation, and Testing Accommodations); provides child, adolescent, individual, couple, family, and group counseling
- Offers affordable and comprehensive mental health services based on income and financial resources

**USC Telehealth**

(866) 740-6502

- Online therapy in English and Spanish – connect via computer, laptop, tablet, or smartphone
- “Telehealth is safe, secure, and easy using videoconferencing platform that meets all HIPAA and Federal security guidelines. Clients will need access to a device with a web camera, microphone and speakers, and a reliable internet connection.”

**2-1-1**

Call 211 or visit

[www.211oc.org](http://www.211oc.org)

- Connects you with resources including mental health services, domestic violence services, crisis services, legal assistance, substance abuse, and more.

**The NAMI-OC WarmLine**

(714) 991-6412

- Available: 9am-3am (Mon-Fri); 10am-3am (Sat-Sun): No cost and confidential telephone service providing emotional support & resources to OC residents